

The Ballycommon Set

(Ireland)

Music: *Set Dances of Ireland*, vol V, Band 19.

2/4 meter

Formation: Square set of 4 cpls.

SECOND FIGURE (polkas)

Around the house 8: All four cpls.

Advance in twice 8: All four cpls dance the slide step twice into the ctr of the set and back to starting positions:

W	R - L -	R - L -	L - R -	L - R -	R - L -	R - L -	L - R -	L - R -
M	L - R -	L - R -	R - L -	R - L -	L - R -	L - R -	R - L -	R - L -
Beats/meas	1 & 2 &	1 & 2 &	1 & 2 &	1 & 2 &	1 & 2 &	1 & 2 &	1 & 2 &	1 & 2 &

The M slides into the ctr with his L ft, slides his R ft along the floor to the heel of his L ft, slides into the ctr with his L ft again, and lifts his R ft low in front while raising and lowering the L heel still keeping the ball of the L ft on the ground. The M then slides back out starting with his R ft, slides his L ft along the floor to the heel of his R ft, slides into starting pos with his R ft, and on the 2nd beat of the 4th and 8th meas, slaps the ground in front with his L ft without putting wt on the ft. The W does the same only she starts in with her R ft. Men then turn CCW to face in a CW direction and swing with W on their L while W walk CCW to swing with men on their R.

Swing 8: All four cpls. 1st M with 3rd W, 3rd M with 2nd W, 2nd M with 4th W, and 4th M with 1st W.

Advance in twice 8: All four cpls with new ptrs.

Swing 8: All four cpls. 1st M with 2nd W, 3rd M with 4th W, 2nd M with 1st W, and 4th M with 3rd W.

Advance in twice 8: All four cpls with new ptrs.

Swing 8: All four cpls. 1st M with 4th W, 3rd M with 1st W, 2nd M with 3rd W, and 4th M with 2nd W.

Advance in twice 8: All four cpls with new ptrs.

Swing 8: All four cpls with original ptrs in starting pos.

Around the house 8: All four cpls. M slap the ground in front on the 2nd beat of the 8th meas to end the SECOND FIGURE.